



COVID-19 Protocols at Swimming

In January 2020 the World Health Organization (WHO) declared the outbreak of a new coronavirus disease in Hubei Province, China to be a Public Health Emergency of International Concern. WHO stated there is a high risk of the 2019 coronavirus disease (COVID-19) spreading to other countries around the world. The disease has the potential to drive significant business and operational impact on Big Blue Swimming. It is critical that we have a clear plan and lines of communications with our employees, clients and third-party entities.

Our guiding principles as we continue to move forward:

- Keep Big Blue Swimming employees safe
- Continue to serve our customers with the highest standards whilst keeping them training in a safe environment.
- Do our part to slow community spread of the virus where there appear to be outbreaks, so that the most vulnerable people are able to get the care they need

Before returning to training checklist

- Havenot travelled to Victoria, Overseas or visited any hot spot within the last 14 days.
- If had any Covid-19 symptoms have been checked and cleared
- If had COVID-19 and recovered have medical approval to partake in swimming
- Download CovidSafe App – recommended



Protocols at swimming

ARRIVE

TRAIN / LEARN

WRAP AND GO

Enter and Exit

THROUGH BERRY STREET ONLY

There is no parking on site and entry to pool is strictly through the Berry St Gate.



ENTRY INTO MAIN SCHOOL CAMPUS IS PROHIBITED.

Wash, Santise your hands

Upon entry and exit of pool, use the santiser provided.



Visitor Register

Please make sure any parent / guardian signs the register upon entry through the Berry St Entrance. This must be done each time you attend.



WE REQUEST 1 ADULT PER FAMILY ON SITE

Change Rooms

Change room access is limited to toilets and those with medical issues and require to shower. Be prepared to get in when arrive and to leave straight after getting out of water. We suggest hoodie towels or swim jackets.



WRAP AND GO

Tell your coach if not feeling well

If at anytime you feel unwell through training, tell your coach immediately.



Equipment

Squad members BYO equipment. LTS participants will not share equipment in the class and all equipment will be dipped in chorline between classes.

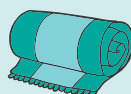


This includes fins, cap, goggle, board, drink bottle, towel, hand santiser etc

Maintain social distancing



All specators are to adhere to the 1.5m distancing whilst in the center. Please sit on your towel on side of pool.



This includes no high fives, spitting, or physical contact

STAY HOME

DO NOT COME IF SICK

If you are unwell in any way DO NOT COME TO TRAINING. Your health and the health of others is Number 1. Seek medical advice ASAP if unwell.



Do not attend training if you have visited any hotspot. YOU need to self isolate for 14 days.

Source

• Swimming Australia return to training & NSW Dept Health